

Series: Misfits Welcome

Redeeming Our Hurts, Habits, & Hang-Ups

Sermon Notes

Sunday, April 23rd, 2017

Preaching: Brady Traywick

1 Timothy 1:15-16

What do I need to recover from?

| | | | |
|-------------|---------------|-------------------|-----------------------|
| Overworking | Overeating | Alcohol/Drugs | Overspending |
| Grief | Guilt | Anger/Rage | Fear/Anxiety |
| Divorce | Abuse | Sexual addictions | Codependency |
| Insecurity | Perfectionism | Hypochondria | Hurtful Relationships |
| Gambling | Lying | Procrastination | The need to control |

The first step to R.E.C.O.V.E.R.Y:

Realize I'm _____; I admit I'm powerless to control my tendency to do the wrong thing and my life is unmanageable.

I. THE CAUSE OF MY PROBLEM: _____

How we "play" God:

By denying our _____ and by trying to _____ everything for selfish reasons.

II. THE CONSEQUENCES.

1. _____
2. _____
3. _____
4. _____

III. THE CURE: _____

Admitting that I'm not God means I know I am:
powerless to _____;
powerless to _____;
powerless to _____;

The 2nd step to R.E.C.O.V.E.R.Y:

Earnestly believe that God _____, that I matter to him, and that he has the _____ to help me recover.

The 3rd step to R.E.C.O.V.E.R.Y:

Consciously _____ to commit all my life and will to Christ's care and control.

Community Group Questions

1. What did the Holy Spirit impress on your heart during this past Sunday's sermon? What action steps do you need to take a result?
2. What are your major sin struggles? Where/how do you regularly give into temptation? Knowing that are all of us are broken (Romans 3:23 & 1 Timothy 1:15-16) where are you most broken? Look at the list from Sunday's outline and circle the areas you struggle with.
3. Have you ever started and/or completed a formal Recovery process? (think Celebrate Recovery, Multiple Counseling Sessions, AA, NA, SA)? What was your experience or result?
4. When did you, for the first time, for the first time realize that you were not God? How does that truth shape your life today? How do continue to live with this perspective?
5. Read James 5:16 & James 4:6.....what are these verses saying to us? Do you really believe them? Why or why not?
6. As you identify and think about your current sin struggle: who is the person or persons that are walking with you in community and helping you fight for holiness? How does this practically play out in your life? (fight club, growth group, accountability group, 1:1; etc.)
7. Talk about this statement in your group: It's okay not to be okay, it's not okay to stay that way. Do you agree with this statement? Take a moment and Google the definition of Insanity by Albert Einstein. Draw some conclusions from your time together and think of one specific action you can take as a result of meeting together.
8. Pray for one another. What are you drawing the circle around? Have you shared your story yet? Have you completed the 4C's study?



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