

# Who do you think you are?

Sermon Notes & Community Group Discussion

Sunday, March 16, 2014

I am New

Ephesians 4:17-32

Apart from Christ:

- We are darkened in understanding.
- We are alienated from the life of God.
- We are hard hearted.

In Christ, I am new.

We can change what we do, but only Jesus can change who we are.

In Christ, we will hunger and thirst for righteousness, not just avoid sin.

## COMMUNITY GROUP QUESTIONS

**Please Note:** If you are interested in getting involved in a Crossroads Community Group, please visit [www.crossroadschurchaustin.com](http://www.crossroadschurchaustin.com) and choose Get Connected.

### Discussion Questions

1. What makes new things desirable to us? What are the desirable qualities they have?
2. In what ways do people long to be made new?
3. Read Ephesians 4:17-19. Apart from Christ, people are described as darkened in understanding, alienated from the life of God, and hard hearted. In your own words, explain each.
4. How can we point people to the Gospel if they are darkened in understanding, alienated from the life of God, and hard hearted?
5. We can combat the callousing effect of sin by constantly asking two questions in life: "What is God saying to me?" and "What am I going to do about it?" How would you currently answer each of these questions?
6. Read Ephesians 4:20-24. We are told to put off the old self, renew our minds, and put on our new self. In very practical ways how do we:
  - Put off the old self?
  - Renew our minds?
  - Put on the new self?
7. In what ways do you struggle to put off the old self (insecurities, hurt, habits, and hang-ups) and put on your new identity in Christ?
8. Read Ephesians 4:25-32. How does this passage show us that the Christian life not just about avoiding sin?



P.O. Box 270122 Austin, Texas 78727

[info@crossroadschurchaustin.com](mailto:info@crossroadschurchaustin.com) | 491-0496 | [www.crossroadschurchaustin.com](http://www.crossroadschurchaustin.com)